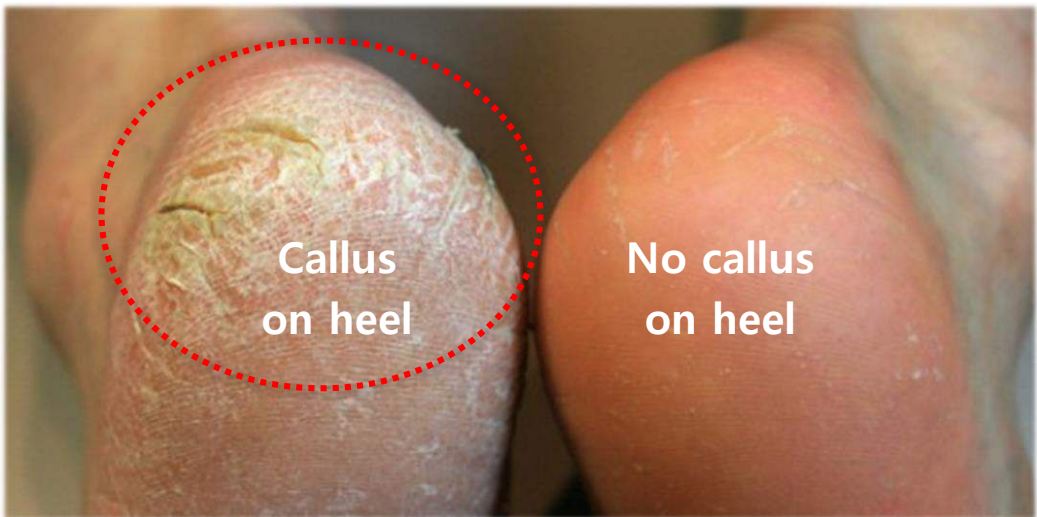


Check the user's physical condition.

1. Thick skin on heels is usually found in the elderly. It prevents the current flow into the body.

Use the InBody Tissue to increase electrical conductivity where the hand and feet electrodes make contact with the skin.



InBody Tissue

2. Follow the precautionary steps before measurement.

A. Stand upright for about 5 minutes before testing.

Taking the test immediately after lying in bed or sitting for a long period of time might result in a slight change in the test results. This is because body water tends to move to the lower body as soon as the person stands or gets up.

B. Do not eat before testing.

In cases where the examinee has already eaten, the test should be put off for at least two hours after the meal. This is because food mass is included in the examinee's weight and thus, may result in measurement errors.

C. Use the bathroom before testing.

Waste is not included in the body's compositional elements, but the volume of urine and excrement is included in the weight measurement affecting accuracy of the test results.

D. Do not exercise before testing.

Strenuous exercise or sharp movements can cause temporary changes in body composition. Even light exercise can change your body composition temporarily.

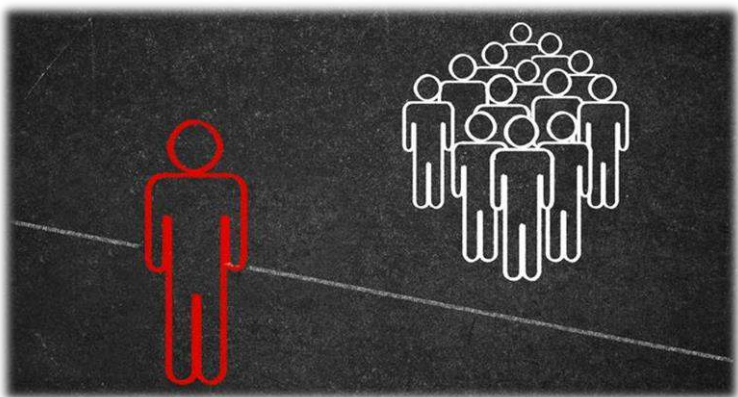
E. Take the test in the morning, if possible.

Body water tends to gravitate towards the lower body throughout the day, affecting accuracy of the test results.

F. Avoid contact with the examinee during testing.

Contact may lead to interference affecting test results.

3. Some types of people should not be tested on InBody.



Artificial prosthetics



Artificial implants



Women on periods



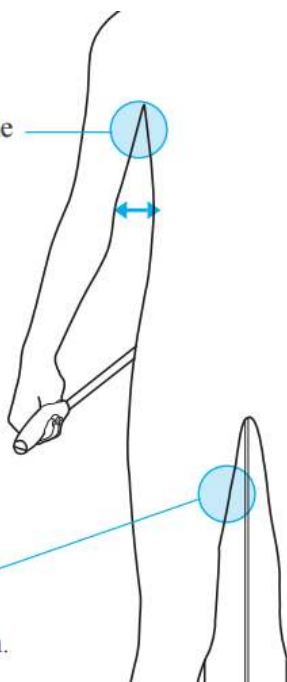
Pregnant women



Check the user's posture & position.

Contact InBody for detailed information on posture and position.

Your arms must not touch the sides of your body.



The thighs should not touch.



Check the environment.

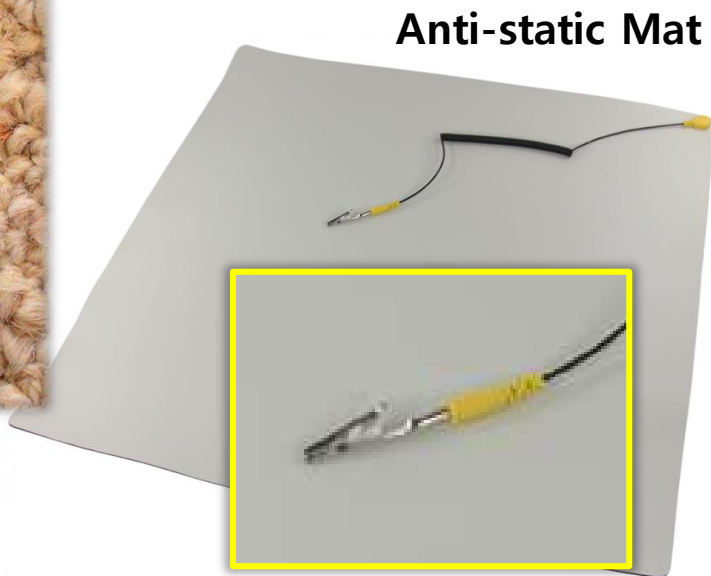
1. In dry condition, static shock caused by physical contact may harm the device.

Up to 35,000V with 10% relative humidity level

- Increase the humidity to 60% or higher.
- Anti-static mat should be used for carpet floors.



Carpet Floor



Anti-static Mat



**Step on the mat
first**



Tested Ground

2. For installation at a customer's site, the device must be placed in the right place to avoid noise interference.

- ❑ If the InBody is not plugged into a grounded outlet, it may cause damage through electric surges or product malfunction. This may affect the test results.
- ❑ Do not install the InBody near products that generate electrical interference such as fluorescent lights, large AC motor equipment (treadmill, vibration plate, refrigerator, air-conditioner, compressor, etc.), high-frequency thermal therapy equipment, or heating appliances. This may affect the test results.
- ❑ Do not share the power source of the InBody with other electrical devices. This may affect the test results.

